

Isolation Procedures for Confirmed Positive COVID-19 Test (Viral/PCR or Rapid Antigen Test/ART)

If you have tested **POSITIVE** for COVID-19 and have reported your positive case via the [reporting form](#), please follow the instructions below.

Immediate Actions	
I have a confirmed positive COVID-19 test (Antigen Rapid Test (ART) or PCR).	<p>Requirements for ALL students and employees regardless of vaccination status, previous infection, or lack of symptoms.</p> <ul style="list-style-type: none"> Isolate for at least 5 days from the date of testing and/or onset of symptoms. <ul style="list-style-type: none"> Do not attend in-person classes, report for work, visit any campus locations, or have in-person interactions with others. Maintain physical distance (at least 6 feet) from others at all times. Wear a KN95 or equivalent mask if you need to be around others for 10 days from date of testing or onset of symptoms.
After 5-Day Isolation	
<p>Asymptomatic or Symptoms Improving</p> <p><i>Must be fever-free without the use of fever-reducing medication for at least 24 hours while other COVID-19 symptoms must be improving (loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation).</i></p>	<ul style="list-style-type: none"> You may discontinue isolation period after day 5 and resume normal activities if negative test results are received from an Antigen Rapid Test (ART). Wear a KN95 or equivalent mask around others through day 14. Take care to limit contact with others as much as possible through day 14. <ul style="list-style-type: none"> Avoid scenarios where use of a mask is not possible (i.e., eating and drinking in indoor public spaces). <p>You do not need to report your test results before returning to class/work if you have complied with the preceding instructions.</p>
<p>Symptomatic</p> <p><i>Symptoms are NOT improving after 5 days.</i></p>	<ul style="list-style-type: none"> Continue isolation until your symptoms have improved and you have not had a fever within 24 hours without the use of fever reducing medications. You may discontinue isolation and resume normal activities after negative test results (ART) are received and your symptoms are improving. Isolation must be at least five full days after symptom onset or test administration. For persons with severe or long-lasting illness, return to work/class will require a consultation with your medical professional if symptoms do not improve after 14 days.

	<ul style="list-style-type: none"> • Take care to limit contact with others to the extent possible for 14 days after symptom onset and/or date of positive test. • Wear KN-95 or equivalent mask for 14 days when around others.
Positive Antigen/ART test after 5 days.	<ul style="list-style-type: none"> • Continue isolation period for an additional 2 days and then test again with an ART. Continue isolation until you test negative with an ART.

Calculating Isolation - Day 0 is your first day of symptoms or a positive test administration. Day 1 is the first full day *after* your symptoms developed or your test specimen was collected.

CONTACT INFORMATION

Employees:

If you have further questions, call Public Safety at (909) 748-8888 and a case manager will reach out within one business day. If you submit a form outside of normal business hours or on a weekend, please avoid all contact with others until a case manager contacts you.

Students:

If you have further questions, call Student Affairs at (909) 748-8053 weekdays between the hours of 8:00AM and 5:00PM. After hours and weekends, contact Public Safety at (909) 748-8888.

CONFIRMED POSITIVE CASE ONLINE RESOURCES:

<https://www.redlands.edu/covidconfirmed>