

## **Dr. Fran Grace      Curriculum Vitae**

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Professor of Religious Studies, University of Redlands, CA  
Steward of Meditation Room, University of Redlands, CA  
Founding Director, Institute for Contemplative Life (non-profit 501c3)

**WEBSITE:** [www.innerpathway.com](http://www.innerpathway.com)

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### **FACULTY POSITIONS**

Prof. of Religious Studies, University of Redlands, 1999 – Present  
Founding Steward of the Meditation Room Program, 2007 - Present  
Assist. Prof. of Religion, Pepperdine University, 1995 to 1999

### **EDUCATIONAL BACKGROUND**

Certification in Spiritual Direction, Archdiocese of Los Angeles, 2000  
Ph.D. American Religious History, Princeton Theological Seminary, 1997  
(Dissertation with honors; Ph.D. Fellowship Award every year, 1993-1997)  
Master of Divinity (summa) Austin Presbyterian Theological Seminary, 1992  
M.A. Political Science (magna) University of Texas, Austin, 1991  
Certification in Italian - Universita' di Firenze (Italy), 1988

### **PUBLICATIONS / PRODUCTIONS**

#### **BOOKS**

*Meditation and the Classroom*, co-edited with Judith Simmer-Brown, (State University of New York Press, 2011).

*Carry A. Nation: Retelling the Life*, Indiana University Press, (Religion in North America series), 2001. Pbk, 2004. Featured on C-SPAN Booknotes Program.

#### **BOOK CHAPTERS**

“Spirituality within Higher Education,” *Our Breath Within: The Heart of Spirituality*, ed. Michael Brannigan, (New York City, NY: Rowman & Littlefield, 2018).

“A Semester Within,” in *Learning Journeys with the Labyrinth: Creating Reflective Space in Higher Education*, edited by Jan Sellers and Bernard Moss, (New York: Palgrave MacMillan, 2015).

“New Foreword,” in *Power vs. Force*, David R. Hawkins, M.D., Ph.D. Veritas Publishing, 2012. Author’s Official Revised Edition.

“Foreword,” in *Letting Go: The Pathway of Surrender*, David R. Hawkins, M.D., Ph.D. Veritas Publishing, 2012.

“The Power of Meditation in College Learning,” in *Embodied Pathways to Wisdom and Social Transformation*, edited by Jing Lin, Edward Brantmeier, Rebecca Oxford, (Charlotte, NC: Information Age Publishing, 2013).

“The ‘Map of Consciousness’: A New Paradigm for Mysticism and Healing,” in June McDaniel and Thomas Cattoi, eds., *Perceiving the Divine through the Human Body*, (Palgrave MacMillan, 2011), 197-221.

“From Content, to Context, to Contemplation: One Professor’s Journey,” in Judith Simmer-Brown and Fran Grace, eds., *Meditation and the Classroom* (SUNY, 2011), 47-64

“Meditation in the Classroom: What Do the Students Say They Learn?” in Judith Simmer-Brown and Fran Grace, eds., *Meditation and the Classroom*, (SUNY, 2011), 237-250.

“Teaching ‘Religion and Hate’: Notes Toward a Pedagogy of Emergence/y” in *Hard Travelling and Still Having a Good Time: Innovative Learning and Living at the Johnston Center of Integrative Studies, 1979-2004*, (Trafford, 2004), 87-108.

“Carry Nation,” *Encyclopedia of the Stone-Campbell Movement*, ed. Douglas Foster et al., Eerdmans Press, 2005.

“Carry Nation,” in *Booknotes on American Character: People, Politics, and Conflict*, (Perseus Press, 2004), edited by Brain Lamb.

“Temperance,” *Encyclopedia of Protestantism*, ed. Hans Hillerbrand, Routledge, 2004, 10 pp.

“The Best Show in Town: Carry Nation and the Selling of Temperance in the Urban Northeast,” in *Faith in the Market: Religion and the Rise of Urban Commercial Culture*, ed. Diane Winston and John Giggi (Rutgers University Press, 2002), pp. 57-73.

## **SHORT ARTICLES IN POPULAR MAGAZINES**

["The Meaning of Life and the Story of the Beggar,"](#) *Excellence Reporter*, June 2017.

["Viktor Frankl and the Meaning of Life,"](#) *Parabola Magazine*, Winter 2017.

["San Bernardino Shooting: The Power of Love and the Shadow of Hatred,"](#) *Huffington Post*, Dec. 11, 2015

["Lessons from a College Classroom"](#) – *Huffington Post*, January 5, 2015

["Measuring the Immeasurable? Compassion Under a Microscope"](#) – *Huffington Post*, January 5, 2015

["The Exultant Heart,"](#) *Science and Spirit Magazine*, March 2015

["Meditation Room Celebrates 10 Years of Innovative Education,"](#) February 2018, University of Redlands Blog

## **SCHOLARLY JOURNAL ARTICLES - REFEREED**

["Unconditional Love: Applications of a Timeless Teaching,"](#) *International Journal of Philosophy and Theology*, December 2017, Vol. 5, No. 2, pp. 1-12.

["Beyond Reason: The Certitude of the Mystic from Al-Hallaj to David R. Hawkins,"](#) *International Journal of Humanities and Social Science*, Vol. 1, No. 13 (September 2011), 147-156.

["Longing for the Feminine: Reflections on Love, Individuation, Sexual Orientation and the Soul,"](#) with Diane Eller-Boyko, *Psychological Perspectives: Quarterly Journal of Jungian Thought*, Vol. 60, Issue 3, pp. 289-316, (October 6, 2017).

C. Ko, F. Grace, G. Chavez,\* S. Grimley,\* E. Dalrymple,\* L. Olson. ["Effect of Seminar on Compassion on Student Self-compassion, Mindfulness and Well-being: A Randomized Controlled Trial,"](#) *The Journal of American College Health*, 2018.

(\*denotes undergraduate author)

["Learning is a Path not a Goal: Contemplative Pedagogy – Its Principles and Practices,"](#) *Teaching Theology and Religion*, Vol. 14, No. 2 (April 2011), 99-124.

["Contemplative Pedagogy: FAQs,"](#) with Thomas Coburn, Anne Carolyn Klein, Louis Komjathy, Harold Roth and Judith Simmer-Brown, *Teaching Theology and Religion*, Vol. 14, No. 2 (April 2011), 167-174.

Guest Editor, ["Spirituality in Higher Education: Problems, Practices, and Programs"](#) in *Journal of Religion and Education*, 36:2 (Summer 2009).

["A Pedagogy of Reverence,"](#) *Journal of Religion and Education*, 36:2 (Summer 2009), 102-123.

["Breathing in Suffering, Breathing out Compassion,"](#) *UCLA Spirituality in Higher Education Newsletter*, Volume 5, Issue 2 (May 2009), 1-10.

["A Contemplative Response: The Part IS the Whole,"](#) with Judith Simmer-Brown, *Journal of Religion and Education*, 36:2 (Summer 2009), 150-152.

"Same Faith, Different Fates: A Regional Explanation for the Differences in Women's Experiences in the Church of Christ and Disciples of Christ Movements," with Cynthia Cornell Novak, *Leaven*, 1999.

"With Bible in One Hand and Battle-Axe in the Other: Carry A. Nation as Religious Performer," *Religion and American Culture* (Winter 1999)

"Her-Story: A History of Women's Participation in the Stone-Campbell Movement," *Leaven*, 4:2 (1996).

### **BOOKS – Edited for Others**

*Power vs. Force: The Hidden Determinants of Human Behavior*, by David R. Hawkins, M.D., Ph.D. Veritas Publishing, 2012. Author's Official Revised Edition.

*Letting Go: The Pathway of Surrender*, David R. Hawkins, M.D., Ph.D., Hay House, 2012.

### **MULTIMEDIA PRODUCTIONS**

["Heart Matters" Radio Show](#), co-produced with Shapari Samimi, KDAWG Station, University of Redlands, CA.

Creator and Producer, "Love is the Ultimate Law of the Universe," screened at LOVE Lecture by Dr. David R. Hawkins, (Institute for Spiritual Research, 2011). DVD. 18 minutes.

Creator and Producer, "Power of Love: Guided Meditations for the Heart," 50-minutes guided meditation CD with music, (Inner Pathway Publishing, 2013).

Creator and Producer, "Exploring Meditation - Introduction," 50-minutes guided meditation CD, (Inner Pathway Publishing, 2013).

Writer, Co-Director, and Executive Producer, "A Semester *Within*: Exploring Meditation," (Inner Pathway, 2008). Documentary feature film on meditation in higher education, (film length: 51 minutes).

"Exploring the Mystics" (4-disc DVD set), live lecture and workshop, (Inner Pathway Publishing, 2011).

"Exploring Compassion" (3-disc DVD set), live lecture and workshop, (Inner Pathway Publishing, 2011).

“Sufi and Christian Mystics” (1 DVD), 2-hour live lecture and workshop, (Inner Pathway Publishing, 2012).

“Interviews with Living Mystics” (1 DVD), 2-hour live lecture and workshop, (Inner Pathway Publishing, 2012).

## **RECENT BOOK/FILM REVIEWS**

[\*Be Still and Know\*](#), by Norris Chumley, for *Practical Matters Journal*, Issue 7 (May/June 2014).

[\*A Buddhist in the Classroom\*](#), by Sid Brown, for *Journal of Religion and Education*, Vol 37, Issue 1 (2010).

[\*Liz in September\*](#) (feature film by Fina Torres), with Diane Eller-Boyko, *Psychological Perspectives: Quarterly Journal in Jungian Thought*, December 2016.

## **FORTHCOMING PUBLICATIONS**

*Radiance of the Self: David R. Hawkins and the Path of Devotional Non-Duality*, book on the prominent modern sage and mystic.

*The Power of Love: Conversations with Living Masters*, book of teachings and stories on the power of love and compassion in all areas of life; includes interviews with the leading teachers of various spiritual traditions.

## **MEDIA APPEARANCES**

Web Radio, Sedona: Interview for Sedona 2012 Conference

CSPAN Booknotes -- TV: 60-minute interview about the biography on Carry Nation with Brain Lamb, aired first on October 14, 2001, continually re-aired.

Talking History Radio Program, NPR, interview about Carry Nation, aired December 13, 2001.

## **FACULTY AWARDS / FELLOWSHIPS -- Selected**

Award for Innovative Teaching, 2015  
(awarded by University of Redlands faculty)

Trust for the Meditation Process Foundation, 2012, 2013  
(Co-recipient of Research Grant with Drs. Lisa Olson and Celine Ko)

Lens Fellowship (spatial learning and research), "Mapping Love," 2012-2013  
(awarded by University of Redlands)

Luce Fellow in Comparative Theology and Theology of Religious Pluralism,  
2010-2011 (awarded by American Academy of Religion)

Mortar Board "Professor of the Year," 2007  
(teaching award, voted on by the student body)

Banta Center for Ethics and Society Award, 2007  
(for Seminar on Compassion course)

Phenomenal Woman Award, University of Redlands, 2006 and 2013  
(awarded by WRW, an inter-racial student group)

Faculty Research Grant, University of Redlands, 2002, 2008, 2012, 2013, 2014

Outstanding Research/Creativity Award, University of Redlands, 2002  
(awarded by university faculty)

Lilly-Luce Teaching Workshop Fellow, 2000-2001  
(awarded by American Academy of Religion)

Pew Faculty Fellowship, Religion & American History, 1998-99  
(awarded by Yale University)

Tyler Teaching Award, Pepperdine University, 1997-1998  
(awarded by student body)

Helen Pepperdine Community Service Award, 1998  
(awarded by staff-faculty committee)

### **CONFERENCE PAPERS / INVITED LECTURES - Selected**

"Sexual Orientation, Love, and the Soul" at the Symposium of Spirituality and Mental Health - Social Justice, University of Redlands, School of Education, 2017.

"The Contemplative Classroom," invited presentation at the Conference on Contemplative Studies at University of San Diego, November 20-21, 2014.

"Mindful Teaching and Learning: Contemplative Studies in the University Setting," Annual National Meeting of the American Academy of Religion, San Diego, November 22-25, 2014.

“Silence – Beyond Thinking,” invited lecture at the Riverside Center for Spiritual Living, November 2, 2014.

“Meditation as Spiritual Practice,” Conference on Spirituality and Mental Health, University of Redlands, October 2014.

Science and Spirituality Lecture VI: “The Power of Love,” invited public lecture at the Riverside Center for Spiritual Living, February 22, 2014.

\*Acevedo M., \*Alford Z., \*Anigbogu E., \*Brown A., \*Dalrymple E., \*Ellingwood L., \*Espinoza M.-A., \*Grimley S., \*Hawkins G., \*Kammer K., \*Krause K., Grace F., Ko C, and Olson L.E. *International Symposium for Contemplative Studies*, San Diego, CA. 2016. Some unexpected relationships between self-compassion, anger, and binge drinking.

Ko C.M., Olson L.E., and Grace F. *Society of Behavioral Medicine*, San Antonio, TX. 2015. An exploration of the effects of a seminar on compassion on student psychological outcomes.

\*Schenker, L., Ko, C.M., Olson, L., Grace, F. Western Psychological Association 95<sup>th</sup> Annual Convention. Las Vegas, NV. 2015. Stress and body dissatisfaction in first generation students.

\*Heuerman A.C., \*Chavez G.N., \*Green M.C., \*Huerta M., \*Ov J., \*Overton-Harris P.L., Grace F., Ko C.M., and Olson L.E. *Society for Neuroscience Annual Meeting*, San Diego, CA, 2013. Use of a modified Trier Social Stress Test to assess an undergraduate meditation course.

\*Hernandez, M., \*Gannon, C., Ko, C.M., Olson, L., Grace, F. *Western Psychological Association 93rd Annual Convention*. Reno, NV. 2013. Impact of one-day mindfulness intervention on mindfulness and state anxiety

“The Power of Love,” invited public presentation at Chinmaya Mission Ashram, Hyderabad, India, October 20, 2013.

“Happiness,” invited presentation at the Casa de la Vista affordable housing complex, Redlands, CA, September and October, 2013.

“Mystics and the Universal Message of Love,” invited public lecture at St. Andrews Episcopal Church, June 3, 2013, Sedona, Arizona.

“The Power of Love in Difficult Conditions,” invited public presentation Integral Sedona, Public Library, June 10, 2013, Sedona, Arizona.

“Happiness,” invited public presentation at the Redlands Forum, ESRI Conference Room, April 8, 2013.

“Inner Sustainability,” invited public presentation at the Sustainability Festival, University of Redlands, March 9, 2013.

“Meditation,” invited presentation at the College Success Symposium, University of Redlands, March, 2013.

“Forgiveness,” invited presentation at CHAMPS program, March 2013.

“Power of Love in Everyday Life,” invited presentation at the Sedona 2012 Festival, December 21, 2012.

“Mystics and the Universal Message,” invited presentation at the Heart Shrine Buddha Relic Tour Opening Ceremony, Sedona, AZ, June, 2012.

“True Compassion,” invited public presentation for Integral Sedona, Sedona, Arizona, May 2012.

Faculty Forum – Interdisciplinary Research on Meditation, with Dr. Lisa Olson and Dr. Celine Ko, University of Redlands, March 2012.

Meditation in Higher Education, invited presentation for Department of Philosophy and Religious Studies, Mississippi State University, January 2012.

The Power of Love in the Christian and Sufi Mystics, invited public presentation for Integral Sedona, Sedona, Arizona, August 2011.

Exploring the Mystics, invited 8-hour seminar, St. Andrews Episcopal Church, Sedona, Arizona, December 2010.

Contemplative Studies Panel, American Academy of Religion, National Annual Meeting, Atlanta, 2010.

Exploring Compassion, invited 8-hour seminar, St. Andrews Episcopal Church, Sedona, Arizona, July 2010.

The Healing Power of Love, public presentation at the University of Redlands, April 2010.

Meditation Mini-Course, Alumnae Weekend, University of Redlands, October 2009.

“Contemplative Pedagogy,” discussion leader for Wabash Center’s Teaching Luncheon, American Academy of Religion, National Annual Meeting, Chicago, 2008.



Invited Respondent, panel on “I’m Not Religious – I’m a Mystic!”, Department of Religious Studies, University of California, Riverside, 2007.

“The Map of Consciousness by Dr. David R. Hawkins: A New Paradigm for Mysticism and Healing,” American Academy of Religion, National Annual Meeting, Washington, D.C., 2006.

“Awakening the Self: Contemplative Approaches to Teaching,” American Academy of Religion, Western Region, Annual Conference, Claremont, CA, 2006.

“Women’s Religious Leadership in late 19<sup>th</sup> century Protestantism”, American Historical Association/American Society of Church History, 2003.

Keynote Lecture: “Writing the Biography of Carry Nation,” University of Wisconsin, Osh Kosh, 2002.

Keynote Lecture: “Carry Nation: Retelling the Life” at National Prohibition Council annual meeting, Los Angeles, March 19, 2002.

“Teaching ‘Religion and Hate’ Seminar: Notes Toward a Pedagogy of Emergence/y,” American Academy of Religion, National Annual Meeting, Toronto, 2002.

Keynote Lecture: “Carry Nation: Methodist Activist” at District Annual Conference of United Methodist Women, Ontario, CA, September 2001.

“Madeline Southard: Her Search for Same-Sex Companionship and Work for the WCTU,” American Historical Association/ American Society of Church History, 2001.

“Madeline Southard: From the Kansas Plains to an International Pulpit,” American Academy of Religion (Western Region), 2000 (with Cynthia Cornell Novak).

“She, Me, We: The Feminist Experience of Bringing Voices Out of Silence Through Collaborative Editing,” National Women’s Studies Association Conference, Boston, 2000 (with Cynthia Cornell Novak).

“Carry A. Nation and Self-Reinvention in Spiritual Autobiography” at the National Women’s Studies Association Conference, Albuquerque, 1999.

“Carry Nation and the Stone-Campbell Movement” at the Restoration History Lectures at Abilene Christian University, Abilene, Texas, 1999.

“With Bible in One Hand and Battle-Axe in the Other: Carry Nation and the Smashing of Gender Role Stereotypes -- Literally!” American Society of Church History National Meeting, Seattle, 1998.

“Smash, Smash, Smash: Carry Nation as Western Vigilante-- A ‘New Deborah’ or ‘Motherhood Gone Wrong’?” at the American Academy of Religion, Western Meeting in San Francisco, 1997.

"The Spiritual Journey of Carry A. Nation," at the Center for the Study of American Religion, Princeton University, October, 1996.

"From Sanctuary to Saloon: The Religious Pilgrimage of Carry A. Nation," at the American Society of Church History, Chicago, April, 1996.

“Sidney Rigdon,” at the Restoration History Colloquium, Pepperdine University, 1995.

### **PROFESSIONAL AFFILIATIONS/ SERVICE - Selected**

American Academy of Religion

Regional Co-Chair of Women and Religion section, Western Region, 2002-2005

National Co-Chair of Academic Teaching and Study of Religion section, 2005-2008

National Steering Committee, Contemplative Studies Consultation, 2010-2013

Editorial Board, Journal of Religion and Education, 2010 - 2016

Faculty Leadership Team, Wabash Center for Teaching and Learning in

Theology and Religion, Workshop for Pre-Tenure Faculty, 2008-2009

SUNY Press - Reviewer of Manuscripts

Founding Director, Institute for Contemplative Life, 2008

A non-profit organization, which seeks to bring education and inspiration for the core inner principles common to all religions: love, beauty, compassion, forgiveness, and joy.