

University of Redlands COVID-19 Safety Pledge and Expectations

In preparation for your return to campus, the University of Redlands has been working to keep you and the rest of our community healthy and safe. In addition to installing plexiglass barriers, changing air filtration units, and taking other actions, the University needs your help to support the health and well-being of ourselves and our families.

Being a part of the University of Redlands community is a privilege that has always carried with it additional responsibilities, including caring for oneself and making good decisions to care for the wellbeing of others. In light of the additional risk to all persons posed by COVID-19, the responsibilities each of us have to the community have increased. These are explained in this document, which you should read carefully.

The close proximity to others often necessitated by living, learning, or working in this community, requires a majority of University expectations to be more stringent than those provided by state or counties. By participating in the University of Redlands community during this global health crisis, you are agreeing to abide by all University expectations. Our reward will be the ability to continue to learn and work in person, while failing to meet these expectations endangers public health. The University's first goal in responding will always be the return to safety and alignment with these expectations. However, failure to uphold responsibilities can result in a loss of privileges, up to and including being separated from the University temporarily or permanently. Because our collective safety and wellbeing are, now more than ever, interdependent we take these expectations very seriously and trust you will too.

Two overriding principles of all the expectations below are: (1) to be informed of the risks to self/others and the steps to mitigate those risks; and (2) to at all times actively take those mitigation steps and use sound judgement.

We acknowledge responses to the pandemic have become politicized. No matter what you personally think of the pandemic, about its seriousness or the appropriate ways to mitigate risk, by agreeing to live and/or study in a community you have a responsibility to that community. We are doing our best to follow the best guidance science has to offer. Ultimately, we will be more successful in our efforts if we all work together.

In brief, students are expected to make and uphold the following pledge for the collective safety of our University community:

By being a student of the University of Redlands during this time, I pledge to:

- *Read and fully understand the University's expectations of me regarding safety and risk-reduction procedures.*
- *Practice the wearing of a face covering and being physically distanced when sharing space with others.*
- *Begin mitigating risks by quarantining for 14 days before coming to campus and during my travel to campus.*
- *Comply with initial quarantine and testing expectations at the start of the semester, as well as ongoing testing and self-assessment requirements.*
- *Minimize transmission by limiting "close contact" to no more than three (3) persons outside of my household ("close contact" means sharing space without face covering or physical distancing).*
- *Not invite or allow unauthorized guests into any campus buildings.*

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- *Immediately self-isolate, report to the University, and seek prompt testing/treatment if I become ill, notice symptoms, or know I have been exposed.*
- *Participate in contact tracing, quarantine or isolation, and follow all medical and University recommendations for my care/safety and the safety of others as requested.*
- *Avoid creating or spreading rumors to respect privacy and ensure care and resources can get to those who need it.*
- *Take proactive steps for my own care before arriving, like bringing only essential items with me to campus, and having a plan for what medical providers I would visit should I become ill.*
- *Be an active bystander and respectfully speak up or contact University authorities when I see anyone endangering themselves or others.*

Purpose

Our goal is to provide the personalized, engaging education that is the hallmark of the University of Redlands. In order to do this and maintain safety for all members of our community, we all must play an important part. This may mean times of discomfort or inconvenience as we all adjust to new ways of doing things. We take these steps not solely for ourselves, but for those who may be more vulnerable than we are, who live, work, teach, play, love, and learn at the University.

Scope

Though this document specifically addresses students, all members of the University community are expected to adhere to the expectations and risk-reduction steps described herein. The application and methods may differ in certain situations for different populations and roles, but the general expectations will apply to students, faculty, staff, administrators, and approved guests. Students living off campus, particularly those who will be participating in in-person activities or visiting campus for any reason, have the same expectations as those living in on campus housing.

Because of the contagious nature and incubation period of the coronavirus, one decision by one individual can endanger the entire community. Therefore, students are expected to make good decisions and to actively mitigate risk while off-campus as well. The University cannot monitor student behavior off-campus; however, the Code of Community Standards states: “This Code may also apply to behaviors that occur off campus if those behaviors are detrimental to the interests/pursuits of the University or the City of Redlands, or if those behaviors present a threat to the health and safety of any person, constitute a violation of local, state, or federal law, or significantly infringe on the rights of others.” Therefore, if the University becomes aware of students’ off-campus behavior, which fails to uphold these expectations or endangers themselves or others, the University will take action as described in the “enforcement” section below.

Requirements

The following requirements may be more stringent than guidance from state or local authorities, apply at all times and in all spaces on campus. There may be spaces (such as the Thompson Aquatic Center), where modifications to these requirements are necessary. In such situations, the unique requirements for those spaces will be posted and publicized, and all persons must always abide by those requirements while utilizing those spaces.

Face Coverings - Research suggests wearing face coverings and physical distancing are the most effective steps in reducing transmission of COVID-19 (other than self-quarantining). All students must wear face covering in the presence of others, or when in any common/public space used by others.

Coverings may consist of a bandana, surgical mask, scarf, etc. and must fully shield the mouth and nose. A face shield does not closely cover the mouth and nose and is not a sufficient face covering. **When you leave your private room or car, you should have a face covering on at all times.** Students should bring their own face coverings sufficient to have a sanitized face covering available to them at all times. The University will provide two face coverings to every student and employee. There are no exceptions to wearing face coverings; if you feel you are unable to wear a face covering for any reason, you should attend virtually and not visit campus.

Physical Distancing - In accordance with CDC guidance students must maintain a distance of six (6) feet from other persons if sharing space both indoors and outdoors. Classrooms, offices, and other common spaces are reconfigured to facilitate this distancing. For this reason, furniture should not be moved, which has been strategically placed for this aim. Be sure to follow posted signs in dining venues, offices and other spaces.

During the initial quarantine and testing phase, students will only be permitted to enter their own residence hall, and not permitted to visit other halls. After this phase, provided risk to our community is at an acceptably low level, these restrictions may be lifted. If that occurs, only one guest (person who does not live in that room) will be allowed in any residence hall room at any time. See the additional limitations regarding non-university guests below.

Even when gathering in larger common campus spaces, wear face coverings and maintain a six (6) foot physical distance. Although the risk of transmission is lower when outdoors because of the increased ventilation, maintaining a physical distance of six (6) feet is still required when gathering in groups outdoors.

Close Contacts - Being within a six (6) foot distance to another person designates them as a “close contact.” Persons with whom you have physical contact are “physical contacts,” and, by proximity are a close contact. Close contacts would be at increased risk of transmission and therefore would be told to quarantine should you be diagnosed with COVID-19.

We strongly encourage you to be very selective in identifying close contacts. Those whom you live with are by default close contacts, within your household. Students are required to have no more than three (3) close contacts (outside of those in your household) to minimize risk of transmission. This includes family you see regularly and/or significant others. These individuals must remain consistent; students cannot rotate and have three close contacts today, and three different close contacts tomorrow. Students should not have more than three non-household close contacts in a 14-day period.

Students should undertake decisions about with whom they become close contacts carefully and discuss with others before making those decisions independently. Discussing these things is especially important for those who live with others. You should talk about your comfort levels with various risks, precautions you will undertake, and make specific agreements regarding who you plan to have as close contacts, whether to allow friends to visit, and other important issues.

It is a violation of these expectations for students to socialize with more than three others outside their household, in ways that make those persons close contacts (e.g. gathering indoors without face covering or physical distancing). Therefore, students who wish to socialize in person with friends (with whom they don't live), should do so in ways that don't make those persons close contacts (e.g. outdoors and maintaining a 6 ft. physical distance).

Student-athletes may be in close contact with more than three other persons by nature of their sport. However, this exception is strictly limited to times of practice or competition. Therefore, student-athletes cannot have close contact with teammates outside of practice or competition and, like all students, should not have close contact with more than three others outside of their household. Because of their increased risk of transmission, student-athletes have additional testing and behavioral expectations from the University and Bulldog Athletics.

Handwashing - Thorough and frequent handwashing is also an essential step to keeping yourself and others safe. Students should wash their hands regularly and disinfect personal items, especially after being in shared spaces.

Initial Quarantine and Testing Period – Students who plan to live on campus, attend in-person classes, or visit campus in-person for any reason, must comply with the initial quarantine and testing requirements. This will include an initial quarantine period specified by the University, and include testing. During this time students should not have close contact with **any person**. This means students should limit interactions with others to include not entering the living spaces, apartments, houses, or residence halls of others on campus or in the community. Once a student has complied with the initial quarantine period and received a negative test result, they will be cleared to attend in-person activities and access campus spaces in accordance with the expectations in this document. As stated above, at the conclusion of this period some restrictions on visitation may be modified or lifted, if and only if the risk to our community is at an acceptably low level.

Ongoing Testing and Self-Assessment – After the initial quarantine and testing period, students who live on, or have plans to visit campus, will be expected to provide verification of having taken a COVID-19 test on a regular basis, as determined and communicated by the University. Those who do not comply with testing protocols will not be permitted to enter classrooms, dining venues, and other spaces throughout campus. The frequency of testing is subject to change. Failure to comply with required testing protocols may also be addressed using the Community Standards Process, and can result in the removal of the privilege to live on or visit campus.

Students will be required to complete a daily self-assessment through the Redlands app for access to campus locations as described above. The self-assessment asks students to respond to questions about any symptoms they may be experiencing. The self-assessment will affirm a student reports they are symptom-free and, therefore, permitted to access campus locations, or provide self-care guidance in response to health concerns. While proof of completing this assessment is not required, it will be necessary to freely walk about campus, to enter most buildings, and to receive support services.

Non-University Guests - Only approved persons will be allowed in campus buildings. These are limited to students, University employees, or others who are contracted by the University to provide a service or otherwise approved by the University to enter a University building. University students who chose not to participate in the initial quarantine and testing period are not permitted to visit campus. All others (including friends and family of students who are not also University of Redlands students or employees), are considered “non-university guests” for the purposes of this document. Non-university guests are not allowed in any buildings on campus, including residential communities. In-person meetings with non-university guests can only take place in outdoor spaces. We expect students to exercise immense caution when hosting guests in general.

Guests - Only one guest (who must be an approved person) will be allowed in any residence hall room at any time. In Brockton apartments, each resident of the apartment may only have one guest in the

apartment at a given time, and no more than five (5) approved persons (including residents of the apartment) can be in an apartment at one time. In Grove apartments, each resident of the apartment may only have one guest in the apartment at a given time, and no more than three (3) approved persons (including residents of the apartment) can be in an apartment at one time. Students are responsible for the actions of their guests and will be held accountable for any guest misconduct. Because of the limiting of non-university guests on campus, we remind the University community to have their ID card available at all times.

Travel - The academic calendar has been reconfigured to (among other things) minimize the risk posed by members of our community travelling recreationally and then returning to the community. Students are asked to minimize travel and to responsibly follow all risk reduction guidance when doing so.

Testing, Contact Tracing, Quarantine and Isolation - First, **if you feel ill at all, you should remain as isolated as possible to avoid spreading illness**, and report your symptoms to the University immediately (using [this link](#), more details below). If you notice fever, dry cough, shortness of breath or any other medical concerns that you think may be related to COVID-19, you should determine the safest and most expedient way to receive medical care and testing while minimizing exposure to others. Testing is available on campus through our partnership with San Bernardino County, and appointments for care will be available at the Student Health Center. However, students may need to travel to off-campus medical providers for testing or care. **Before arrival to the University, students should locate providers near campus that will accept their insurance.** Students who are seeking after-hours medical care should transport themselves if they are able to do so safely and without risk of transmission to others. Students who are not able to do so should contact Public Safety to receive information about transportation options.

Students must participate fully and expediently with testing/contact tracing procedures in the event of symptoms or exposure risk. Students are also required to report all known information fully and accurately, and follow all medical instruction/practices/procedures. For this reason, keep track of those with whom you are in close contact.

Those tasked with contact tracing may require students to quarantine or self-isolate, and will provide specific instructions for minimizing risk of transmission to others. Residential students may be required to move from their current room to a specified quarantine/self-isolation space and remain there, or they may do so in place, with specific instructions (e.g. to use a specified bathroom rather than the hall bathroom used by others).

Residential students will not be permitted to attend in-person classes, or use any shared spaces (e.g. Armacost Library) for the entirety of the quarantine/self-isolation period. Non-residential students in quarantine/self-isolation will be prohibited from visiting campus entirely.

Students must comply with all given instructions, remain in quarantine/self-isolation, and refrain from any close contact with others for the entire designated period. Students who are close contacts of any person who tests positive for COVID-19, may be required to quarantine for a specified time. Minimizing transmission risk is why it is important for everyone to limit their close contacts as much as possible.

Reporting - If you have flu or respiratory symptoms associated with COVID-19, isolate yourself from others as completely as possible. **Report your symptoms to the University via [this link](#) as soon as you notice symptoms.** Students are also expected to report (using the same link) if they test positive for COVID-19, or know of an exposure to a COVID-positive person. If students are aware of situations that pose risk to individuals or the community, they are expected to report those as well, using [this link](#).

Minimize spreading fear or rumors unnecessarily. Think carefully what you say to friends, post on social media, etc. We want to prevent unnecessary panic and make sure the limited resources are directed to the places and people where they are most needed. It is also important, that as a community we do not allow this pandemic to inflame prejudices. Blaming, shaming or othering any person, regardless of their COVID-19 status is never acceptable.

Pre-Arrival Checklist

- Bring sanitizer, disinfecting wipes, gloves, and prescriptions and over the counter medications you may need.
- Bring a lawn chair, camping chair, or other gear that will make you more comfortable, because more activities will likely take place outdoors. Also bring sunscreen. If you prefer to have a lawn chair shipped to the University, you may mail it within two weeks before your arrival to campus to [your name] 1231 E. Colton Ave., Redlands, CA 92374
- Take precautions and quarantine for 14 days before traveling to campus. During your travel, be vigilant in your compliance with CDC guidance to minimize risk to yourself and the University community by limiting your exposure to the virus, by remaining masked and physically distanced and not having close contact with other persons.
- If you notice any symptoms before arrival, do not come to campus. Instead, quarantine and report your symptoms to the University and someone will contact you to determine next steps.
- Talk and make plans with family beforehand
 - Locate care providers that accept your health insurance.
 - Make plans and talk as a family about travelling during the semester. Students are expected to only travel if absolutely necessary and to be responsible when they do. If you have vulnerable people in your home, it may put them at risk if you visit home during the semester. Family coming to visit you could put them or our campus at risk. There will be no non-university guests allowed in any campus building, and we also recommend exercising caution in having loved ones visit you in outdoor campus spaces.
 - Have a plan to return home should an unexpected and immediate departure from campus become necessary for any reason.
- Residential students should be thoughtful and minimize the items brought to campus. This may result in not having all our usual comforts but is important in order to be prepared for a quick departure if the need should arise. Also, **time to move-in to your residence will be shorter and you will only be permitted to have one person accompany you in the community to help move in.** Please pay close attention to the move-in guidance you receive from the Residence Life and Housing, to include how to reserve, in advance your two-hour move-in window.
- Talk with any suite or apartment-mate(s) before arriving about guests in the space, “close contacts,” and other strategies you will utilize to keep one another safe.
- **All students will need to complete required online training about these expectations before coming to campus.** In addition, we recommend all students continue to educate themselves on COVID-19. Be critical consumers of information. Consider these sources as a place to start:
 - Centers for Disease Control and Prevention at [CDC.gov](https://www.cdc.gov)
 - California Department of Public Health at [CDPH.ca.gov](https://www.cdph.ca.gov)
 - San Bernardino County's dedicated COVID-19 page, www.SBCOVID19.com ([Click the “Make an Appointment for COVID-19 Testing” button in the center of the page to schedule a test at the University testing site](#))
 - University [UR Ready: COVID-19 Preparedness](#) site

Be an Active Bystander

Keeping our campus safe is everyone's job. Only by holding ourselves and one another accountable can our community enjoy the privileges of living and learning together in this difficult time. If you see any situation that poses inappropriate or excessive risk, or others not upholding these expectations, we ask you to take action by addressing in the moment the persons/situation respectfully or partnering with University authorities on next steps. We can and should offer each other friendly reminders or encouragement to do the right thing for our community even if it isn't always immediately convenient. If you aren't sure what to do, talk with a Resident Assistant, Resident Director, or a Public Safety officer. Students should report emergencies or issues that need immediate attention to Public Safety by calling 909-748-8888 or by calling 911. Students can anonymously text information to Public Safety by texting the keyword TIP UOFR and the message to 888777. Students can also submit their concern via [this link](#) (for a COVID-19 positive test or exposure) or [this link](#) (to report a situation in which University expectations are not being upheld). This type of mutual accountability and vigilance is an important part of being a caring, proactive community.

Enforcement

We expect all students to uphold these expectations at a minimum, and recognize possible risk to others, regardless of personal beliefs. Failure to do so will result in action by the University. Specific action will depend upon the individual circumstance. Our first goal will always be the return to safety and alignment with these expectations. However, the Code of Community Standards prohibits harming or endangering oneself or others. Therefore, failure to uphold responsibilities can result in a loss of privileges, up to and including being separated from the University temporarily or permanently. Depending on the circumstances of removal from campus, some students may continue classes remotely if their courses allow, may take a leave of absence in accordance with University policies, or may be suspended or permanently dismissed.

Students who fail to uphold these expectations or endanger themselves or others, particularly in ways that are intentional or irresponsible, should expect to have those behaviors addressed via the University Community Standards Process, and to possibly lose the privilege of remaining on campus. Not knowing of or understanding the expectations, or being under the influence of alcohol or drugs, are not excuses. One example of intentional/irresponsible endangerment is hosting or attending social gatherings where these expectations are not being followed. Other examples include choosing not to report fully and accurately any information related to COVID-19 risks, and not complying with contact-tracing, testing, quarantine or self-isolation instructions in any way.

The Code of Community Standards also prohibits inaction when students are present at situations that endanger others or violate law or University policy. In specific, it states: "In situations in which students know or reasonably should know of violations of law or University policy, students are expected to discourage or end the offending behavior, report the behavior appropriately, and/or remove themselves from the situation."

The University offers limited amnesty for situations where minor policy violations are discovered because a student is seeking to do the right thing, like reporting an unsafe situation to the University. Therefore, students should not hesitate in reporting a COVID-positive, symptomatic or exposed person, violations of these expectations, or any violation of law or University policy. Not reporting promptly, because you fear getting in trouble or for any other reason, puts others in danger, and will result in serious consequences, including being suspended from campus or suspended altogether.

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These expectations may change as local regulations and the circumstances on our campus evolve. If everyone is exercising precautions and the risk level in our local area decreases, the University will communicate any changes in expectations to students. Similarly, if we as a whole community do not do a good job in upholding these expectations to support everyone's safety, the University may implement additional policies or practices required to maintain health and safety.