Procedures for Exposure (Close Contact) to COVID-19 or Symptomatic Individuals (Not Positive)

Individual Status	Instructions
I had close contact with a confirmed COVID positive individual, and I am NOT vaccinated or fully vaccinated (including booster).	- Quarantine for at least 5 full days. - Get tested immediately if you are symptomatic or develop symptoms. If you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19. **Students and Employees –** You can obtain a take home test (ART) from Public Safety if you are unable to obtain one on your own. - Viral/PCR tests can be scheduled at various locations, including local pharmacies. (https://www.redlands.edu/urready/getting-tested/) - Wear a well-fitting KN95 or equivalent mask for 10 full days if you must be around others in your room/residence **IF YOU TEST POSITIVE, immediately complete a [reporting form](#) and follow Isolation Procedures noted above.** **After 5-day quarantine:** - Watch for symptoms until 10 days after you last had close contact with someone with COVID-19. - If you develop symptoms isolate immediately and get tested. Continue to stay home until you receive a negative test result. Wear a KN95 or equivalent mask around others through day 10.
I had close contact with a confirmed COVID positive individual, and I am fully vaccinated and boosted.	- You do not need to quarantine unless you develop symptoms. - If you develop symptoms, get tested immediately. - If you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19. - Wear a well-fitting mask around others for 10 days after exposure. Do not go to places where you are unable to wear a well-fitting mask. - Watch for symptoms until 10 days after you last had close contact with someone with COVID-19. - If you develop symptoms, isolate immediately and get tested. Continue to stay home until you receive a negative test result. Wear a KN95 or equivalent mask around others through day 10. **IF YOU TEST POSITIVE, immediately complete a [reporting form](#) and follow Isolation Procedures noted above.**

Individual Status	Instructions
I had close contact with a confirmed COVID positive individual, and I had confirmed COVID-19 within the past 90 days (you tested positive using a viral/PCR test)	• You do not need to quarantine **unless** you develop symptoms. • Watch for symptoms until 10 days after you last had close contact with someone with COVID-19. ○ If you develop symptoms, isolate immediately and get tested with an Antigen (at home-rapid) test. Continue to stay home until you receive a negative test result. Wear a KN95 or equivalent mask around others through day 10. **IF YOU TEST POSITIVE, immediately complete a [reporting form](#) and follow Isolation Procedures noted above.**

Calculating Quarantine - Day 0 is your first day of symptoms or a positive viral test. Day 1 is the first full day after your symptoms developed or your test specimen was collected.

CONTACT INFORMATION

Employees:

If you have further questions, call Public Safety at (909) 748-8888 and a case manager will reach out within one business day. If you submit a form outside of normal business hours or on a weekend, please avoid all contact with others until a case manager contacts you.

Students:

If you have further questions, call Student Affairs at (909) 748-8053 weekdays between the hours of 8:00AM and 5:00PM. After hours and weekends, contact Public Safety at (909) 748-8888.

COVID EXPOSURE AND/OR SYMPTOMATIC ONLINE RESOURCES:

https://www.redlands.edu/covidexposed