

## Low-Cost and Sliding Scale

*Disclaimer: We cannot offer any guarantee regarding the quality of these providers' services. Please use your judgment when selecting a therapist, psychologist, or psychiatrist. We do our best to verify insurance information for your convenience, however we are not notified of changes, always call to verify.*

### **Behavioral Health Institute, Loma Linda University**

(909) 558-9500

1686 Barton Rd., Redlands, CA 92373

Low-fee, income-based individual counseling. Minimal payment is \$25/session.

### **Catholic Charities-<http://ccsbriv.org>**

(909) 763-4970, option 2

1441 North D. Street, San Bernardino, CA

Office Hours: Mon: 2:00pm-7:30pm, Wed, Thu, Sat: 8:00am-3:30pm.

Office closed on Tuesdays and Fridays

Catholic Charities of San Bernardino in San Bernardino, CA offers Spanish, other languages (excluding Spanish), services for the deaf and hard of hearing. Cash or self-payment, Sliding fee scale (fee is based on income and other factors), payment assistance (check with facility for details) are acceptable forms of payment. Catholic Charities of San Bernardino does not offer financial assistance.

Services Offered: individual, couple, and family counseling services, parent education, adult/teen anger management, co-parenting programs.

### **Christian Counseling Service (CCS)- <http://ccs-cares.org/>**

(909) 793-1078

101 E. Redlands Blvd Suite 215 & 277, Redlands, CA 92373

Provides low-fee/sliding scale individual counseling (**non-faith based & faith based**). Fee based on family size and income. Session fees begins at \$10/session for a trainee (student becoming a therapist, works under supervision) and \$49/session for an intern (finished school but not yet licensed, works under supervision) and \$75 for licensed therapist.

No fee for relatives of military personnel.

Accepts insurance if seeing a licensed therapist: Aetna, Cigna, UBH, Loma Linda University Risk Management as well as other major health insurance plans – except they do not take HMOs or any Blue Cross plans. They will verify and bill your insurance if you provide the needed information.

Note: Phone intake with demographic information, brief assessment, payment/insurance information and then Intake Coordinator returns call in 24-48 hours and schedules within a week.

**Olive Branch Counseling** -- <http://www.olivebranchcounseling.org/>

**Riverside Center**  
4041 Brockton Ave.,  
Riverside, CA 92501  
(909) 989-9030

**Rancho Cucamonga Center**  
9033 Baseline Rd., Suite A  
Rancho Cucamonga, CA 91730  
(909) 989-9030

In special circumstances due to economic hardship, a lower fee can be arranged on a case-by-case basis. If this is your situation, complete the Sliding Fee Scale Application on their web-site and bring it to your first session, along with required documentation, to discuss with your therapist. Fee based on monthly income. Licensed therapists (\$70-110) and pre-licensed (supervised) therapists (\$30-70).

**County of San Bernardino Department of Behavioral Health Service Directory**

<https://wp.sbcounty.gov/dbh/>

(909) 381-2420

Provides screenings and referrals to the entire system of care including fee-for-service, contract and department of behavioral health providers. Offers telephone service with professional counselors for behavioral health clients, families and providers.

**Phoenix Services/County of San Bernardino Department of Behavioral Health**

(909) 387-7200

820 E. Gilbert Street San Bernardino, CA 92415

**Services offered:** Medication services. Services are also available to Spanish speaking and hearing impaired clients. Fee: Sliding scale and MediCal.