Tips for Academic Success

❖ Keep up with your weekly schedule and do your work on time.
  ◦ Use a calendar to keep track of appointments and assignments.

❖ Be on time for class.

❖ If you are a full-time student, limit the hours that you work. If you work, look for a job on campus.
  ◦ Students who work an average of fifteen hours per week or less are more likely to do well in college.

❖ Improve your study habits.
  ◦ Find the most effective methods for reading, listening, taking notes, studying, and using information resources.

❖ Use the Academic Success Center, Armacost Library, and office of Professional Development.

❖ Learn to think critically.

❖ Strive to improve your writing and speaking.

❖ Speak up in class.
  ◦ Research shows the more engaged in class you are, the more you will learn.

❖ Learn from criticism.

❖ Study with a group.

❖ Become engaged in campus activities.

❖ Meet with your instructors out of class.

❖ Find an experienced and caring academic advisor.

❖ Take your health seriously.
  ◦ How much you sleep, what you eat, whether you exercise, and how well you deal with stress will affect your college success.

❖ Have realistic expectations.