

JUST 000A

~~FALL 2018~~ Spring 2019

Fridays: 1:00-4:00pm

Duke 102

Instructor: M.G. Maloney



GYST: The Class

JNST 000A-01

G.Y.S.T. (get yourself together) is a 2-unit seminar and study hall designed to increase students' skills in: time management, self-care, creative problem solving, collaboration, and digit literacy. On the first day of class, students will co-create the syllabus with the instructor based on their needs and interests.