



CERTIFICATE IN MENTAL HEALTH AND SPIRITUALITY

Pastors, pastor counselors, chaplains, healthcare providers, nurses, EMTs, paramedics, LCSWs, LEPs, LPCCs and MFTs will learn to identify the mental health and spiritual needs of members of their respective communities as well as learn to work collaboratively to provide sensitive and effective care.

Designed for working professionals, the **Certificate in Mental Health and Spirituality** builds greater spiritual awareness that helps you connect with people of all faiths. Six synchronous interactive and immersive online seminars first ground you in the connection between spirit and health, and then go deeper into chronic illness, bereavement, bipolar faith, healing and clinical practice.



APPLIED
WISDOM
INSTITUTE

See details and register at www.redlands.edu/awi/cmhs
Questions? 415-488-6589



CERTIFICATE DETAILS

The Certificate in Mental Health and Spirituality prepares you for important conversations with people in tough situations, at critical moments in their lives. Valuable time is gained when you can immediately relate to people from their spiritual point of view, break down barriers and connect with them. Each course comes with valuable continuing education units (CEUs) that can satisfy skill acquisition requirements for certain practicing professionals.

Paradigms of Healing and Wholeness*

\$625

Explores a range of paradigms for human healing and wholeness inspired by diverse spiritual traditions (e.g., Christian, Hindu, Jewish, Buddhist, Native American, Sufi) and clinical frameworks (e.g., meaning-based therapy, Jungian depth psychology, inner cultivation of compassion and mindfulness). Emphasis is on experiential application of concepts and practices. as it relates to psycho-spiritual development.

Spirituality in Bereavement**

\$625

Gain academic training to supplement the practical experience of providing clinical, palliative, and hospice care to those who are dying and those who survive the dying, shifting from best intention to best practices. Topics include types of grief, possible psychological and spiritual complications in grieving, and rituals in grieving.

Integrating Spirituality in Clinical Practice*

\$625

Students learn to utilize spiritually informed strategies and techniques to assess spiritual distress, guide treatment planning, implement appropriate evidenced based interventions and evaluate therapeutic outcomes. Course is Practitioner focused and designed to develop clinical skills integrating spiritual issues in therapy. al justice and advocacy in clinical practice.

Bi-Polar Faith**

\$625

Learn concepts and strategies for providing spiritual care, mental health guidance, and culturally sensitive training for groups that seek to provide access to care. Topics include intertwining of familial, social, and spiritual issues; living with Bi-Polar disorder; finding, providing, and/or receiving resources; collaboration, and community; and forgiveness vs. reconciliation post-trauma.

Spirituality in Mental Health*

\$625

Learn concepts and strategies for understanding and integrating spirituality in mental health services for mental health professionals, clinical chaplains, community leaders, and others. Topics include understanding of cultural frameworks, multi-faith and interfaith frameworks, implicit biases, and working with instead of solving for diverse communities. 24 APA CEs.

Spiritual Journeys in Chronic Illness**

\$625

Learn, practice, and develop best practices for palliative caregivers, medical practitioners, interfaith chaplains, and more, in dealing with issues of chronic illness, spirituality, and survival. Topics include understanding how age, degrees of function, and grief interplay in well-being.

24 Contact Hours are available to Pastors, Pastor Counselors, Nurses, and Chaplains whose certifying agencies or organizations require CEU hours. To determine whether or not your seminar qualifies for CEUs, please consult with your certifying body. California Board of Behavioral Sciences accepts CEU credits for license renewal by LCSWs, LEPs, LPCCs, and MFTs for programs from CEU approved sponsors. LCSWs and MFTs from states other than California need to check with their state licensing board for approval. California Board of Registered Nursing (BRN Provider CEP16887) for licensed nurses in California. CA Emergency Medical Services for EMTs and Paramedics. For questions about these CEU accreditations email info@appliedwisdominstitute.org CE credits for psychologists are provided by the Spiritual Competency Resource Center (SCRC) which is co-sponsoring this program. The Spiritual Competency Resource Center is approved by the American Psychological Association to sponsor continuing education for psychologists. The Spiritual Competency Resource Center maintains responsibility for this program and its content. The California Board of Behavioral Sciences accepts CE credits for LCSW, LPCC, LEP, and LMFT license renewal for programs offered by approved sponsors of CE by the American Psychological Association. LCSWs, MFTs, and other mental health professionals from states other than California need to check with their state licensing board as to whether or not they accept programs offered by approved sponsors of CE by the American Psychological Association. SCRC is approved by the California Board of Registered Nursing (BRN Provider CEP16887) for licensed nurses in California. For questions about receiving your Certificate of Attendance, contact tlai@appliedwisdominstitute.org. For questions about CE, visit www.spiritualcompetency.com or contact David Lukoff, PhD at CE@spiritualcompetency.com

*This is a required course in the Certificate in Mental Health and Spirituality.

**This is an elective course in the Certificate in Mental Health and Spirituality. Students seeking the Certificate are to take 2 of the 3 electives.