

A Study System

A: Approach/attitude/arrange

- Approach your studies with a positive attitude
- Arrange your schedule to eliminate distractions

S: Select/survey/study!

- Select a reasonable chunk of material to study
- Survey the headings, graphics, and pre- and post questions to get an overview
- Study, marking any information you don't understand

P: Put aside/piece together:

- Put aside your books and notes
- Piece together what you've studied, either alone, with a study pal or group, and summarize what you understand.

I: Inspect/Investigate/inquire/:

- Inspect what you did not understand.
- Investigate alternative sources of information you can refer to such as textbooks, websites, experts, tutors, etc.
- Inquire from support professionals (academic support, librarians, tutors, teachers, experts,) for assistance

R: Reconsider/reflect/relay

- Reconsider the content:
If I could speak to the author, what questions would I ask or what criticism would I offer?
- Reflect on the material:
How can I apply this material to what I am interested in?
- Relay understanding:
How would I make this information interesting and understandable to other students?

E: Evaluate/examine/explore:

- Evaluate your grades on tests and tasks; look for a pattern
- Examine your process toward improving it
- Explore options with a teacher, support professional, tutor, etc.

Retrieved from: <http://www.studygs.net/aspire.htm>