Peer Wellness Educators

Peer Wellness Educators serve as the student voice for the Community Standards and Wellbeing office’s Live Well Initiatives. As an educator, you will promote student wellness interests through education and advocacy for the University of Redlands students.

**Job Description**

As a Peer Wellness Educator you will give presentations and host events on a variety of wellness topics. The content of the presentations and events are overseen by the advisor, but student-led and student-created.

**Requirements**

* Being a full-time undergraduate/graduate student

**Time commitment**

* Certified Peer Educator Training: 8 hours
* Meeting: 1 hour/weekly
* Working events/tabling: TBD

**Wellness Topic Areas**

This is not a comprehensive list. Part of the education and programming can be centered on the interest area of the student group.

* **Alcohol and drug issues**
* **Marijuana**
* **Stress management**
* **Mental health**
* **Fitness and nutrition**
* **Self-esteem and body positivity**
* **Healthy relationships**
* **Sexual health**
* **Sex and consent**

Name:

Email:

Phone number:

**Please answer all of the below questions.**

Why are you applying to be a Peer Wellness Educator?

What strengths/skills do you possess that could help you be successful in this role?

You will be trained on a lot of different topic areas. Are there any from the above list that are particularly exciting to you? Are there any that you are not comfortable with?

This is an extracurricular activity, how do you plan to manage the time commitment for this role in addition to school and other groups you might be involved with?

How did you learn about this opportunity?

Please email the interest application to [Jared\_Rodrigues@redlands.edu](mailto:Jared_Rodrigues@redlands.edu).