



School of Continuing Studies INSIDE LOOK NEWSLETTER

➤ AUGUST 2022

MEET THE TEAM



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PROFESSIONAL DEVELOPMENT OPPORTUNITY FOR EDUCATORS

Educators looking to complete professional development credits are eligible to enroll in EDUCCS 302 Learning Theories scheduled to meet online Tuesdays 6:00 - 7:30 PM from October 24 - December 17, 2022.

In this course, students will learn how to create engaging learning experiences, instructional designers must understand theories of learning, and how these theories intermix with ubiquitous digital content and social networks. In this course students will both explore and apply learning theories from traditional behavior-based understanding to emerging theories of social engagement.

This course will be taught by Dr. Catherine Tamayo, Principal of Baldwin Lane Elementary School. Dr. Tamayo has over 20 years of experience working in the field of education. She has a Masters degree in Curriculum and Instruction with a specialization in adult education, a Masters degree in Educational Administration, and will complete a Doctorate in Educational Leadership next year.

If you, or someone you know is interested in enrolling in this course please reach out to us via email at info-scs@redlands.edu.



STUDENT SPOTLIGHT

Each session, the School of Continuing Studies asks professors to nominate students who have stood out for their academic ability and performance, positive attitude, and work ethic. The SCS team then votes on all of the nominated students to make a selection. This month, we are delighted to congratulate Allison Kobayashi on being selected as Student of the Session for the 2022 Summer Term!

Allison is a current sophomore studying Music Education and Flute Performance at the University of Redlands Conservatory of Music under flute instructor Sara Andon. She is from San Jose, California, and enjoys hanging out around campus with friends and taking classes to further her education toward the purpose of being a music teacher. After graduating, she hopes to pursue a career in Music Education by obtaining a credential to become a teacher in the public school system.

As we asked for Student of the Session nominations from instructors this term, Allison's professor Dr. Pat Wing stated that "she stood out in this class for the seriousness and curiosity she brought to the class, and for her excellent writing and analytical skills. Allison is a Music major, and this was her first History class in college. Nevertheless, if I hadn't known otherwise, I would assume that she was an experienced History major." He also reflected on her internal drive for learning and self-improvement, noting that, while she earned high grades on assignments, he could tell that she "is concerned first of all with improving her skills as a writer and a thinker."

Allison, we are proud of you, and can't wait to hear about all the amazing things you will accomplish as a University of Redlands graduate!

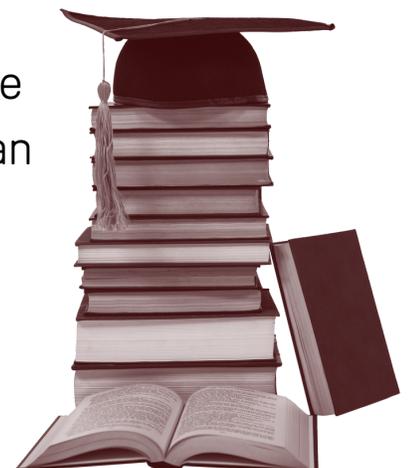


2023 SUMMER TERM PLANNING

The School of Continuing Studies is preparing for the 2023 CAS Summer Term. Once students return to campus, we will ask for their input via an online survey on what coursework they need to meet their academic requirements and goals.

Once we have heard from our students, we will then discuss course needs with CAS Senior Leadership. Our goal is to meet students where they are and provide them with coursework to help them catch up or make strategic choices when planning their academic year.

Here at SCS, we believe "Learning is Not Always Linear." Life happens, and sometimes life gets in the way of our academic goals. The survey is live and can be found on our website at scs.redlands.edu. If you have any questions, please reach out to us at info-scs@redlands.edu.





STUDY TIPS & TRICKS: TIME MANAGEMENT

Being a good student looks different for everyone. Some of us are balancing extracurricular activities and a social life, while others are working one or more jobs and helping to care for family members. No matter what your personal situation looks like, there are a variety of strategies you can practice to get a better handle on how you manage your time as a student.

GET ORGANIZED – Use some sort of planning tool to keep you organized and on track. Some students prefer physical planners, while others lean toward web- or phone-based apps to keep them organized. Decide which format works best for you and plan your readings and assignments ahead of time, instead of day by day.

GET TO KNOW YOURSELF – Are you a speed reader, or do you take your time taking notes? Either way, start noticing how long it will take you to read a chapter or write a reflection post. This will help you plan your time appropriately and map out a study session in an organized way.

AVOID MULTITASKING – Research shows that you can take in more information and retain it better if you focus on one thing at a time. Get started by studying in a dedicated workspace that will help you minimize distractions and stay focused on one task at a time.

GET CREATIVE WITH FREE TIME – If you have 20 minutes of down time in your doctor's waiting room, use that time wisely to read a chapter or article. You'd be surprised how much you can get done when you are productive in multiple short windows of time.



STUDY TIPS & TRICKS: TIME MANAGEMENT, CONT'D.

PLAN FOR THE UNEXPECTED – As much as we might like to, we can't control everything. You never know when something unexpected might come up, so always build in extra time before a deadline or a test. That way, if you do get put off track of your pre-set plans, you have the flexibility to still stay on track, regardless of unanticipated circumstances.

NEVER PROCRASTINATE – Change your mindset from procrastination to a personal rewards system. Instead of using your favorite TV show or a game on your phone as a reason to procrastinate, make progress on your work first, and then you can enjoy your show or game guilt-free.

If you need guidance applying these general time management strategies to your specific situation, we are here to help!

- SCS students: Contact our Assistant Director of Student Success, Danielle Guise, at danielle_guise@redlands.edu
- CAS students: Schedule an appointment with an Academic Success Coach through the Office of Academic Success and Accessibility. They are located in the Student Development Center on the ground floor of Armacost Library, or you can reach out to them at 909.748.8069 or asds@redlands.edu
- SBS students: Schedule an appointment with your advisor. You can confirm who your advisor is by viewing the Student Planning section of Self-Service.
- SOE students: Schedule an appointment with your advisor through the SOE Office of Student Success. They are located in North University Hall, Suite 126 or you can contact them at oss@redlands.edu



BLACK JUSTICE CERTIFICATE - REGISTRATION GOING ON NOW!

The time has arrived! Registration is open for individuals interested in beginning the Black Justice Certificate. This certificate will strengthen individuals by analyzing how racism manifests in schools, classrooms, businesses, workplaces, and everyday life. The coursework will enhance the individual's understanding of how racism affects everyone. This Certificate will provide tools to address race and racism and gain strategies to support a culture of respect, equity, and inclusivity. By the end of the Certificate, participants will deepen their knowledge of the history and definition of race and racism.

This certificate is open to everyone from students to your neighbor interested in continuing their education without the hassle of an application process. Below is this certificate's 2022/2023 schedule; courses are 100% online and do not need to be completed in any order. Begin when you are ready!

8/29 - 10/23/2022	RJWI-300	Anti-Racism
10/24 - 12/4/2022	RJCS-303	Anti-Racism in Children's Lit
1/9 - 2/19/2023	RJCS-301	Black People & the Church
1/9 - 2/19/2023	RJCS-306	Black Voices & Public Sphere
3/6 - 4/16/2023	RJCS-302	Racism: a Public Health Crisis
3/6 - 4/16/2023	RJCS-305	Importance of the Black Dollar
6/20 - 7/30/2023	RJCS-304	Black Queer Histories
6/20 - 7/30/2023	RJCS-307	What is Whiteness?

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