BOOKS

Author(s): Alexander W. Astin, Helen S. Astin, and Jennifer A. Lindholm
Publisher: Jossey-Bass; 1 edition (November 16, 2010)
http://www.spirituality.ucla.edu/book/

Meditation and the Classroom - Contemplative Pedagogy for Religious Studies. This book includes two chapters on student learning in the U of R Meditation Room.
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The Heart is Noble: Changing the World from the Inside Out
In 2011, sixteen University of Redlands students spent a month in India with one of Tibetan Buddhism’s most inspiring leaders, His Holiness the 17th Karmapa, discussing topics ranging from food justice to gender identities to sustainable compassion. His teachings to them have now been captured in his book.
Author: His Holiness the 17th Karmapa Ogyen Trinley Dorje
Co-editor: Dr. Karen Derris.
Publisher: Shambhala (February 19, 2013)
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