GENERAL INFORMATION

- You DO have to declare a major by the end of your sophomore year, but don't feel stressed by that deadline.
- Work on your LAF's, and you may just stumble onto something that you love.
- Liberal Arts is about having a wide range of knowledge and skills preparing you for a great deal of opportunities. You can do lots of different things with any given major. Your future is open.
- Figure out what is driving your choice: family, desire to make money, interest in making a difference, "I've always wanted to...," etc. Then decide what your priorities are.
- You have flexibility you can change your mind!

Ways to Explore

- "Interview" different faculty members. Find out why they love that field of study. Ask them how they got drawn in. Ask about what graduates from that major are doing now.
- Go backwards. Pick a job or profession and see what kind of degree(s) they recommend having.
- Talk with upper-class students in a variety of majors.
- Use surveys and assessments.
 - The <u>Focus II</u> system -online resource offered through Professional Development (access code: bulldog)
 - email <u>ProfessionalDevelopment@redlands.edu</u> or call 909-748-8069 with questions
 - The Birkman Career Style Summary at <u>http://www.princetonreview.com/cte/quiz/career_quiz1.asp</u>
- Talk with an alum in a field of interest. Professional Development has an extensive Alumni/ Career Network with Redlands grads just waiting to talk with you – email ProfessionalDevelopment@redlands.edu or call 909-748-8069.
- Go online and explore majors, jobs, skills, and careers:
 - o http://www.mymajors.com/
 - o <u>http://content.monstertrak.monster.com/tools/careerconverter/</u>
 - <u>http://online.onetcenter.org/</u>

The Process for Declaring

- Once you are ready to declare a major and/or minor, you can get a Declaration of Major/Minor Form from either the Registrar's Office, the Registrar's webpage, or any Academic Department Secretary. Fill out the form and turn it in to the appropriate department(s).
- Once the form is processed (Dept. Chair signs it), you will be assigned an advisor.
- Get to know your advisor really well they're a great resource for you in getting the most out of your major choice.