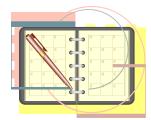
Time Management



#### PLANNING AND ORGANIZATION

- Use a planner; write down appointments & assignments; stick to it!
- Get a calendar, put due dates on it, & hang it above your desk.
- When you have a lot of free time, it's easier to procrastinate & slack off.
- Make a to-do list each day & accomplish the tasks listed.
- Stay on top of your academics & then allocate the remaining time to clubs.

# **SCHOOL**

- Make time for homework.
- Write down some academic goals.
- Do all the readings.
- Attend class daily; you will usually do very well.
- Take fun classes.
- Find a major you like.
- Don't count solely on your advisor; you are the only one to ensure success.
- Be serious about academics; make classes your priority.
- Make a 4-year plan of your classes.
- Fulfill requirements early.
- Be diligent & persistent in your studies.

### **INVOLVEMENT**

- Get involved slowly; don't feel obligated to do everything.
- Try new activities; then cut out disinteresting things to focus your energy.
- Make commitments you are truly sincere about.
- Don't just get involved to pad your resume.
- Do as much as you can.
- Don't be afraid of commitment or to try new things.
- Invest in a meaningful activity.

# **GENERAL ADVICE**

- Stay open minded.
- Make what you're passionate about your priority.
- Be proactive, prepared, and willing to be flexible.
- Have priorities and focus on one thing at a time.
- Think about the bigger picture.
- Get your "stuff" done ASAP so you aren't stressed and you can enjoy college.
- Don't take life too seriously.
- Take advantage of opportunities.
- Don't take too much advantage of the new-found freedom of college.

# ACADEMIC SUCCESS & DISABILITY SERVICES, University of Redlands Revised 6/24/2015

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